**Frequently Asked Questions:**

**How do I pay you for the course?**

The full cost of the course is $525. You can pay your deposit of $100 by:

-transferring the $100 to birth@uniserve.com by Interac transfer or PayPal

-coming in person to #505-466 East 8th Ave., New Westminster) with a cheque or cash and picking up your binder at the same time

- mail a cheque to Gloria Lemay, #505-466 East 8th Ave., New Westminster, B.C. V3L 4L2 Your binder will be sent by return mail once the cheque has cleared.

All students pay the balance of $425 on the first morning of your course.

**For the remaining payment of $425 do we send another Interac or Paypal transfer on the first day of training, or do you prefer cash to be brought to class?**

Making an Interac or Paypal transfer for the $425 balance is great as long as it comes in 24 hours before class starts. If you’re paying cash, put it in an envelope with your name on it. If you want to pay by cheque on the first morning of class, that is fine.

**Will I get certification when I’ve completed my course? Do I need to be certified to be a Doula?**

-certification by our company, Wise Woman Way of Birth, is given to those who complete the pre-reading, attend the full course, and pass the exam at the end.

-There are several other companies/groups that provide Doula Certification programs and each will have their own criteria for certification. Certification is not necessary for working as a doula. There are no requirements for any formal certification to be an advocate for birthing women. Completing training does not guarantee employment.

**Does this course have an affiliation with DONA?**

-no, we are not a DONA course.

**Can I bring my nursing baby to the classes?**

Some women do have a helper for the baby who brings the baby in whenever the baby needs to nurse. There are a lot of “paired” exercises in the class so it doesn’t work to have the babies in during most of the class time. There is a lounge area in the school where the baby’s caregiver can wait and he/she can take the baby out on Broadway and cruise the shops, too.

**Is there a website with more information?**

<http://wisewomanwayofbirth.com/doula-training/>

**Where and what hours?**

10-5 each day, at The Institute of Holistic Nutrition on Broadway and Ash (300-604 West Broadway), Vancouver. (full details on the weblink)

**Is there parking in the vicinity of the classroom?**

Yes, there are spaces we can use under the building. Enter off Ash St. and go down the ramp under the ground (right behind ROGUE Restaurant). On your left, you will see 7 spots that have signs saying International Holistic Nutrition (IHN). You may take whatever ones are free. If all the spots are taken, there is more parking at the Cancer Centre on Ash St/West 10th Ave. Keep your receipt and you will be reimbursed by our assistant in the course. Car pooling, biking, coming on the Sky Train to Broadway/City Hall stop are all encouraged to keep cars out of the Broadway corridor.

**Will I get a mentor or will I be taken to births with an experienced doula?**

The training does not include mentorship, although it aims to connect you with other doulas in Vancouver who are looking for backup.

The goal is to have you finish class feeling confident enough to take clients on your own, and to connect you with the practicing doulas in the community for support as you are starting out.

**Are there websites that I can visit before the class begins to do some studying?**

These are some of the ones that we recommend:

Gloria Lemay’s blog: [www.wisewomanwayofbirth.com](http://www.wisewomanwayofbirth.com/)

Jessica Austin’s blog: [www.birthtakesavillage.com](http://www.birthtakesavillage.com/)

Yahoo group: to join for info and their shared files for doulas/midwives

[midwiferesource@yahoogroups.com](mailto:midwiferesource@yahoogroups.com)

Thanks for your interest in Wise Woman Way of Birth Doula Training

Gloria Lemay

604 714 0377 (cell/text)

[www.wisewomanwayofbirth.com](http://www.wisewomanwayofbirth.com/)